

# ANNIEVILLE NEWS

Meeting the needs of all our students

## Important Dates

**February 8 @6:30**

PAC Zoom Meeting

**Friday, Feb 12**

PAC Fundraiser- Purdy's  
Chocolate Lollipops delivered

**Sunday, Feb. 14**

Valentines Day

**Monday, Feb 15**

Family Day- School is closed

**February 16**

Kindergarten Registration  
Begins

**Wednesday, Feb 24**

Pink Shirt Day

**Friday, February 26**

Professional Learning Day-No  
School for Students

**Wednesday, March 10**

Spirit Day- Green, Gold &  
Rainbow Day

Report Cards go LIVE

**Friday, March 12**

Last day of school before Spring  
Break



## Delta's Vision 2030

In 2010 the Delta School District, with our partner groups, worked to develop our Bold Vision. This was not just about pretty ideals. This was about finding out what was important in the education of all of our students. This vision has guided decisions and helps us focus our actions.

Over the course of the ten years, we have made great strides in improving graduation rates and our school district is recognized as one of the top countries world-wide in Maths, Science, and Reading.

Our Vision took us from 2010 to 2020 and now that we're in 2021 the district is beginning to think about where we need to go next. We're not going to let a pandemic get in our way! Watch for information to come in the fall of 2021. We will once again be engaging with all of our Education Partners to develop Delta's vision for the next ten years, Vision 2030 here we come!

## MDI Survey

All Delta schools participate in this UBC research that looks at positive aspects of children's experiences, both in and out of school.

The MDI focuses on...

- Development of the whole child
- Children's perspective
- Relationships as central
- Multiple contexts

Our grade four and seven students will be taking part in this survey this week.

For more information please check out this video:

<https://youtu.be/SsQkcHavTYo>

## Moose Hide Campaign

The Moose Hide Campaign is a campaign that seeks to bring attention to violence against children and women.

"The 10th annual Moose Hide Campaign Day on 11th February 2021 will be the first entirely virtual campaign, livestreamed with interactive workshops and supporting people to take action in their own communities."

<https://moosehidecampaign.ca/events/moose-hide-campaign-day-2021>

## Black History Month

Canada has been recognising Black History month for over 25 years. It began as a way to purposefully recognise important events and talk about the courage, strength and positive impacts Black Canadians have had on our world.

All this month, during our morning announcements our Grade Six and Seven Students are sharing stories of Canada's history of racism, Black Canadians' efforts to change the reality for Black people and people of colour, and their struggles for equity and justice.



## Valentines Celebrations

Valentines Day falls on a Sunday this year. Your child's teacher may have let you know that they will be doing some kind of small celebrations in class. If that's the case for your child, **please remember these rules:**

- Food CANNOT be shared
- IF you are sending Valentine messages that contain treats, these MUST ONLY be store bought, commercially produced AND individually packaged food items
- Paper card products ARE ALLOWED. Teachers will be having students go through hand-washing routines before cards are given out.

## Updated Guidance for K-12 Schools

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You've already received information from the District (and have likely heard in the news) that the Ministry of Education, with guidance from the Public Health Office and BC Centre for Disease control has updated the "Guidance for K-12 Schools."

We will be working with our School Health & Safety Committee to review our school plan to ensure we're following all the guidelines to keep everyone safe.

### Here are two very important reminders for you:

1. **Masks DO NOT replace the need for social distancing**-When you're on the playground, dropping off and picking up your children, you are models for the children. KEEP SPACE BETWEEN YOU AND OTHERS AT ALL TIMES
2. **DROP OFFS of lunches, water bottles, forgotten items increases risks for everyone**- We understand that things can be forgotten, in all of our busy lives. Every time something gets dropped off it means that someone has to go into learning spaces where they normally wouldn't have to go, OR your child has to move through the hallways to come to the office at a time when they normally would not.

We are all feeling the fatigue of COVID restrictions. Please help us stay the course. **"It's not forever. It's just for now."** Bonnie Henry

## Healthy Foods at School

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Have you ever heard the expression, "You are what you eat?"

It's the perfect thing to keep in mind as you help your children prepare their school lunches.

When we feed our body healthy foods like, whole grains, fresh fruits/vegetable, proteins and healthy fats like, cheese and whole-fats yoghurts, we are giving our body fuel to think, learn, play with energy, and feel GREAT.

Foods high in sugar cause a "sugar rush" which can make kids feel out of control, gets processed very quickly by the body, and kids end up crashing and running out of energy.

Please help your children have great days at school, with the kinds of food that will fuel their learning.

# THE MIDDLE YEARS MATTER

*A time of risk, a time of opportunity*

The **people** children spend their time with have the power to teach children the skills they need to be successful.

The **places** where children live, play and learn have a lot to do with health and happiness later in life.

The **experiences** children have in their middle years have lasting effects on brain development.

The Human Early Learning Partnership (HELP) at UBC is using the Middle Years Development Instrument (MDI) to understand more about children's thoughts, feelings and experiences inside and outside of school. The MDI is a questionnaire that gives schools and communities valuable information about the strengths and needs of their children.

To find out more, read on about the MDI or visit [earlylearning.ubc.ca/mdi](http://earlylearning.ubc.ca/mdi)



HUMAN  
EARLY LEARNING  
PARTNERSHIP



## MIDDLE YEARS RESEARCH SHOWS:



INCREASED

Poverty  
Stress  
Bullying  
Mental Illness

DECREASED

Self-confidence  
Empathy  
Optimism  
Overall Health

## WHAT MATTERS MOST?

Caring Adults  
Happiness  
Sleep  
Friendships  
Nutrition  
After-School Activities

## SOCIAL-EMOTIONAL LEARNING teaches children how to:

- Control their emotions
- Manage their behaviour
- Feel self-confident
- Express their needs
- Show empathy
- Adapt to change
- Set goals
- Build strong friendships
- Cope with stress