



Week at a Glance

February 6-10, 2023

M	February 6	Stop, Drop, and Read Day/Pyjama Day- Make sure you have a great book with you!
T	February 7	
W	February 8	Early dismissal @ 2:15pm
		YoBro/YoGrl -After school for 6/7s until 4:15pm
		Orders/Payment due for next week's Hot Dog Day
T	February 9	Assembly: A visit from Nathan in the afternoon
F	February 10	PAC Family BINGO NIGHT-See details below!

PAC FB: <https://www.facebook.com/groups/1616476022012608>

Upcoming Dates:

- Feb 13-24 Kindergarten Registration for incoming K students (in person Feb 14/15 at Annieville)
- Feb 17 Pro-D Day
- Feb 20 Family Day
- Feb 22 Pink Shirt Day
- Mar 13-24 Spring Break 😊

PLEASE READ OVER FOR IMPORTANT INFORMATION:

HOT LUNCH DAYS Reminder:

Please make sure your payment is included with your orders when ordering hot lunch. Payments can be made online through the MunchaLunch Website or by cash/cheque at the office by the Wednesday deadlines. Please note: orders that do not include payment get deleted from the system.

If your child is absent on hot lunch day, please CONTACT the office via phone/email if you want to pick up your child's lunch or have it brought home with a sibling. You can also email annievillehotlunch@gmail.com If we do not hear from you by 11am, the meal will be automatically donated to someone else.

Annieville PAC Bingo Night!

ANNIEVILLE PAC INVITES YOU TO

Friday, Feb 10th
5:30-7:30 PM
ANNIEVILLE SCHOOL GYM

LOLLIPOP PULL
CONCESSION
DRINKS & MORE

game cards
1 for \$2
3 for \$5
7 for \$10

PRIZES FOR EVERY BINGO!
Bring your family and friends

Annieville supports Jump Rope for Heart!

A gentle reminder During the week of Feb 13-17, our school will be supporting **Jump Rope for Heart!** This past week Mr. Sowden introduced this fundraising event to our students, focusing on the importance of being active and practicing healthy habits while they raise money to help beat heart disease and stroke.



Dear Parents,

Jump Rope for Heart is the school FUNdraising event that nobody wants to skip. Students discover fun ways to get active, practice healthy habits and learn about helping others while raising money to beat heart disease and stroke.

We recently hosted our Jump Rope for Heart kick-off assembly to launch this year's program. From now until our Jump Event, students will learn fun ways to get active for heart health while raising awareness and support for Heart & Stroke.

We love participating in Jump Rope for Heart because:

Students learn life-long habits:

Jump encourages kids to be active and live healthily. A lesson they will value for life!

Kids feel good by doing good:

Students learn the importance of giving back as they collect donations that help fund critical research that saves lives, prevents heart disease and stroke, and supports survivors and their families.

Fits any time, place and activity:

Kids can move their way by jumping, dancing, wheeling and more, on their schedule, at school or home.

Jump gives back:

Schools that raise a minimum of \$500 will receive 8% of their fundraising dollars back to put towards what they need most (think, sports equipment, or educational tools!) or can donate back to Heart & Stroke to make an even bigger impact.

How Jump Works

It's as easy as 1, 2, 3, 4!

1. Register online & start your Jump account!
2. Play the EASY Online Challenge & track healthy habits.
3. Fundraise to help beat heart disease and stroke.
4. Jump into Fun Meet Event Day! Time to celebrate, celebrate, celebrate!



2030

DELTA SCHOOL DISTRICT IS AN INNOVATIVE, INCLUSIVE COMMUNITY where ALL learners BELONG and Everyone SAILS

* HIGH EXPECTATIONS EXIST FOR EVERY LEARNER

* EQUITY LEAD TO EXCELLENCE

TECHNICAL & CRITICAL THINKING DRIVE SUCCESS

Please cut and paste the link below into your browser to donate directly to Annieville's Jump Rope Page. Just click Register. Thank you in advance for your support!

<https://jumpropeforheart.crowdchange.ca/19024>

Be Part of the Movement - Register Today!

Join our school and help Heart & Stroke save lives by jump-starting your fundraising. Here's how: Visit jumpropeforheart.ca and click "Register" and search for our school's name or copy and paste the school link below to register right from our school page! Help your child set up their fundraising page online. It's never been easier!

School Page Link:
<https://jumpropeforheart.crowdchange.ca/19024>
 (Copy and paste this link into your internet browser)

Kids helping kids!
 The funds kids collect supports research that helps other kids and families across the country.



David
Was born with congenital heart disease.



Zoe
Wears a special \$1,000 for heart (it's beating the wires forward)



Nolan
Had a stroke before he was born.



Madeline
Had a cardiac when she was five.

EASY Healthy Habits
 Jump Rope for Heart is more than a fundraiser. It teaches students 4 EASY Healthy Habits to help protect their heart and brain health – for a lifetime!
 Check out the EASY Online Challenge at jumpropeforheart.ca – it's full of fun activities that you can even do as a family at home!



Student Thank You Prizes:

As our heartfelt thank you for your support, students can earn one of five Thank You Prizes*, an online gift card – from Toys "R" Us, Indigo, Amazon or Walmart – based on the fundraising levels, as follows:

\$5
 Raise \$25 online:
 \$5 Gift Card
 (Walmart or Indigo)

\$15
 Raise \$75:
 \$15 Gift Card

\$25
 Raise \$250:
 \$25 Gift Card

\$50
 Raise \$500:
 \$50 Gift Card

\$200
 Raise \$1,000:
 \$200 Gift Card

Fundraise to earn contest entries:

With each donation you receive, you're one step closer to entering two great contests!



Raise \$100 and get entered to win one of five "Get Active" prize packages.



Raise \$500 and get entered to win one great "Summer Fun" prize package.

Sponsored by Desjardins

*Your name must appear on the fundraising page for all amounts. *Prize packages available through "Get Active" or "Summer Fun" online. Prizes are subject to availability. For full contest details visit www.jumpropeforheart.ca or contact your school's fundraising coordinator.

Register today at jumpropeforheart.ca



WELL-BEING



HIGH EXPECTATIONS EXIST FOR



Parent Education:

Safer Internet Day – February 7, 2023

From cyberbullying to social networking to digital identity, each year [Safer Internet Day](http://saferinternetday.org) aims to raise awareness of emerging online issues and current concerns. There is huge potential for misuse of the internet, for example, sending or receiving inappropriate information and images (e.g. racist, slanderous, pornographic, threatening, sexist, confidential, etc.) or using chat rooms for this purpose.

We know helping kids stay safe while online is something many parents/guardians are concerned about. We encourage you to review the following resources for more information on the online interests of young people, the potential risks they face and proactive strategies to help keep them safe:

- Raising Digitally Responsible Youth: A Parent's Guide: <https://www2.gov.bc.ca/assets/gov/erase/documents/raising-digitally-responsible-youth.pdf>
- Need Help Now website: <https://needhelpnow.ca/app/en/>
- ERASE website: <https://www2.gov.bc.ca/gov/content/erase/online-safety>
- Protect Kids Online website: <https://protectkidsonline.ca/app/en/>
- Additional Parent Information Resources: <https://www.deltasd.bc.ca/resources/parent-information-brochures/>

WE RESPECTFULLY ACKNOWLEDGE WE TEACH AND LEARN ON THE TRADITIONAL TERRITORY OF THE TSWASSEN AND MUSQUEAM FIRST NATIONS



Please cut and paste the links above in your browser to access the resources.